

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway and Barrows of Bollington*

We use free range eggs, organic yogurt, organic Mornflake oats and MSC fish.

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

Fresh Catering

Autumn/ Winter 2023-24

At: **Bickerton Holy Trinity**

November 2023

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					





Autumn/ Winter Menu 2023-24

Week 1

Week 2

MONDAY

Cowboy Pie (v)

Homemade Omelette with New Potatoes & Fresh Vegetables (v)

Fruit Sponge & Custard or Fresh Fruit Platter

TUESDAY

Butchers Sausage All Day Breakfast

Vegetable Frittata with Salad Potatoes (v)

Lemon Bites or Fresh Fruit Platter

WEDNESDAY

Gammon & Pineapple with Potatoes, Carrots, Peas & Gravy

Jacket Potato with a Choice of Filling/s & Fresh Vegetables (v)

Fruit Flapjack or Fresh Fruit Platter

THURSDAY

Sticky Chicken Fillet with Savoury Rice & Fresh Vegetables

Texan Quorn Tortilla Boat with Chips (v)

Fruit Crumble & Custard or Fresh Fruit Platter

FRIDAY

Battered Fish Portion with Chips and Baked Beans

Homemade Soup & Cheese Toastie (v)

Banana & Chocolate Muffin or Fresh Fruit Platter

MONDAY

Cheese & Tomato Pizza with Chips & Peas or Beans (v)

Vegetable & Chickpea Paella (v)

Shortbread Finger with Fruit Chunk or Fresh Fruit Platter

TUESDAY

Homemade Lasagne with Garlic Bread

Homemade Italian Pasta Bake (v)

Berry Buns or Fresh Fruit Platter

WEDNESDAY

Hot Roast Pork & Apple Sauce Bap with Potatoes & Veg Sticks

Jacket Potato with a Choice of Filling/s (v)

Oat & Sultana Cookie or Fresh Fruit Platter

THURSDAY

Tandoori Chicken with Rice & Cous Cous

Falafel Wrap & Mango Chutney with Chips & Vegetables (v)

Apple & Banana Cake or Fresh Fruit Platter

FRIDAY

Homemade Cheese Flan with New Potatoes & Beans (v)

Salmon Fish Fingers with New Potatoes & Peas

Chocolate Surprise Sponge & Chocolate Sauce or Fresh Fruit

